



Lots of Cuddles & Care

Newsletter

Welcome September!

Parent Reminder Board

The days will slowly become chilly so please bring shoes And a light jacket for outside play. Please write your child's name on the jacket so we don't have any confusion.

This month our theme is Healthy Eating! We will learn about the four food groups. We will have fun tasting some vegetables that we may not have tried before! Our apple toss will be held in the back yard and it should be a great opportunity to get some good exercise. A wonderful fruit rainbow will be going home so be sure to look for that in your child's folder. It should make for a beautiful addition to your refrigerator! Towards the end of the month, we will be discussing foods that we should consider eating only once in a while but are fun and yummy. We will bake some sugar cookies and have them for our snack. Our book selections will concentrate on food and manners at the table so they fit in nicely with our theme.



Baby Steps

Our littlest ones will have fun this month spending time outdoors before the weather becomes too chilly. Please remember to bring a light jacket for your baby as well so we can spend time outdoors comfortably. We will be practicing rolling over, leg exercises and supported sitting. Soon they will be moving and grooving with the rest of us!



Visit us Online!

The Parent's Area of my website has some wonderful pictures of your children at play. Please visit www.loccd daycare.com to view them. If you have forgotten your user name and password, please let me know and I will get that information to you.





September Activity Calendar



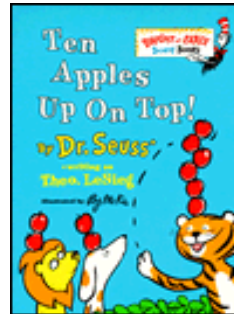
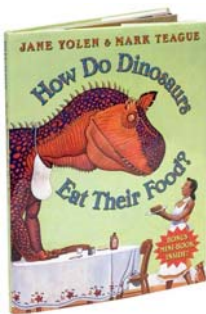
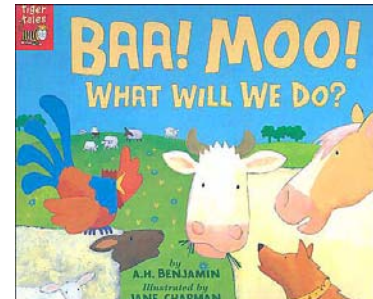
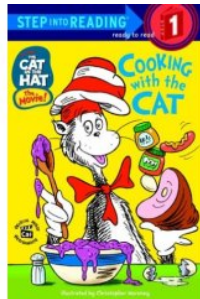
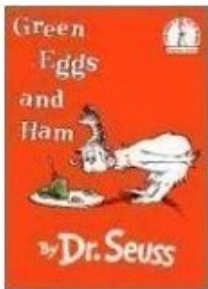
This month's Theme is Healthy Eating, this calendar has only one activity per day, but the children will be read to daily, and be encouraged to engage in a wide variety of activities while at LOCC.						
2	3 Labor Day - Closed	4 <i>Green Eggs and Ham</i>	5 Green Foods are Great!	6 Rainbow of Fruit!	7 <i>Cooking with the Cat</i>	8
9	10 "Meat" Me in the Kitchen	11 <i>Pizza Pat</i>	12 "Lettuce" Taste Some Vegetables	13 Where Do Foods Come From?	14 <i>BAA! MOO! What Will We Do?</i>	15
16	17 "V" is for Veggies	18 <i>The Big Hungry Bear</i>	19 Foods/ Colors Matching Game	20 Apple Toss!	21 <i>Ten Apples on Top!</i>	22
23	24 Eating With Manners	25 <i>How Do Dinosaurs Eat Their Food?</i>	26 Baking Sugar Cookies	27 Outdoor Picnic Snack	28 <i>May I Please Have a Cookie?</i>	29



Book Selections



Read to your child often to help create a love for reading! Studies show that children who are read to as a child are more avid readers themselves!



Preview of next month's theme: Dressing Up!