



Lots of Cuddles & Care

# Newsletter

Welcome November!

## Parent Reminder Board

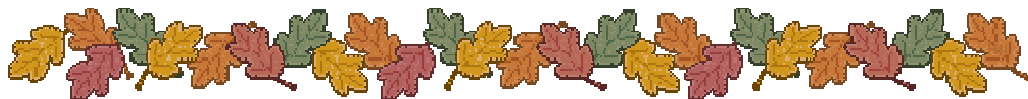
This is the month for giving thanks! I would like to thank all of my wonderful parents for entrusting me with your children. I couldn't do what I love without all of you!

This month our theme will be all about Feelings! We will learn to recognize which mood we are in and how our moods change throughout the day. Some feelings can cause problems like anger and frustration. Learning how to cope with these feelings in a positive way will lead us into discussions about sharing and taking turns. If we learn different ways to deal with the feeling, then everybody gets to share in the fun! The children will also make a list of things and people they are thankful for to take home to show their families.



Baby Steps

This month our leg exercises and sitting supported will be accompanied by scooting. We will be spending time balancing on our hands and knees to get the feel of crawling! Floor time will also include scooting towards toys that are in front of us. I'm so proud of our littlest ones for rolling from tummy to back and back to tummy! They are growing so fast accomplishing so much!



Visit us Online!



Our Halloween Party really turned out well! I was pleased to see the children having so much fun with the projects, games, activities, and eating! I have pictures of the party and we will be placing those on my Parent Area of my website very soon for your viewing.

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# November Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fall Picture Frames	2 <i>My Mouth is a Volcano!</i>	3
4	5 Mother Goose Time!	6 The Letter "T"	7 <i>Duck for President (Election Day)</i>	8 Tom Turkey	9 <i>Caribbean Dream</i>	10
11	12 Mother Goose Time!	13 How I Feel Today!	14 <i>When Sophie Gets Angry - Really, Really Angry...</i>	15 Colorful Feather Turkey	16 <i>The Happy Hedgehog</i>	17
18	19 Mother Goose Time!	20 What I'm Thankful For List	21 <i>Smudge's Grumpy Day</i>	22 Closed for Thanksgiving	23 Closed for Thanksgiving	24
25	26 Mother Goose Time!	27 Painting Warm & Fuzzys	28 <i>Today I Feel Silly &amp; Other Moods That Make My Day</i>	29 Cup of Hot Cocoa with Marshmallows (Art Project)	30 <i>That Makes Me Angry</i>	



## Book Selections



Read to your child often to help create a love for reading! Studies show that children who are read to as a child are more avid readers themselves!

